



# SCHOOL & SPORTS PHYSICALS 2024

Don't wait until the last minute! Complete your sports physical before next school year begins!

## DATE:

Thursday, July 18th, 2024

## TIME:

5:30-8:00PM

## PRICE:

Free-will donations welcome but not required

## LOCATION:

Iowa Ortho: 450 Laurel St., Des Moines, IA

## INTENDED PARTICIPANTS:

Middle school and high school athletes

## CONSENT:

A parent or guardian must be present in order to provide consent

## QUESTIONS?

Call Iowa Ortho at 515-323-6484

## REGISTRATION:

<https://www.signupgenius.com/go/10C094BA8AE28A3F5C16-48353772-school#/>

Scan the  
QR Code



We encourage pre-registering for your sports physical, however, walk-ins will be welcome. Please visit our Sign Up Genius form to register for a 10 minute time slot.



Thorough physical examination by a licensed physician



Completion of forms necessary for school athletics participation



Reassessment of old injuries and advice and information on injury prevention

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